

Dutch Masters Weightlifting Association

Name : **NK Masters 2023**

www.dutchmasterswl.com

Site : www.dutchmasterswl.com

City : Arnhem

dmwa.secretariaat@gmail.com

Date : 19/03/2023

Organizer : Dutch Masters Weightlifting Association

Memb.	Start	Lot	Last Name	First Name	Cat.	B.W.	Team	Born	Snatch			Best Snatch	Clean&Jerk			Best C&J	Total	Rank	Sinclair	SMF
									1	2	3		1	2	3					
	14	42	Pijcke	Adela	W55 59	58.3	NWW	1965	-45	45	48	48	63	65	68	68	116	1	159.977	259.477
	11	43	Hermans	Lieke	W45 76	72.4	Sportloods Oost	1977	74	-77	78	78	86	89	-92	89	167	1	202.731	251.894
	16	9	Dikhoff	Joke	W70 59	57.2	Crossfit Newstyle	1950	29	31	-33	31	41	43	45	45	76	1	106.158	234.578
	5	14	Balrak	Aurelia	W35 81	79.9	Alper Coaching	1986	61	65	-70	65	85	90	-95	90	155	1	179.447	196.667
	9	44	den Boef	Jolanda	W45 64	63.6		1974	41	44	47	47	60	64	-68	64	111	1	144.876	189.921
	2	25	van Rijn	Priscilla	W40 59	58.4	WeLift	1983	50	52	-54	52	62	-65	65	65	117	1	161.173	183.073
	1	7	van den Berg	Patricia	W35 59	57.9	Ikestyle	1984	-47	47	50	50	64	67	-70	67	117	1	162.097	181.852
	7	3	Griffioen	Jessye	W30 55	53.5	Gym Zuyd	1993	48	51	53	53	63	66	69	69	122	1	178.563	178.175
	3	22	Dekker	Lia	W35 71	69.9	CF Amersfoort	1987	-58	58	61	61	72	-75	-76	72	133	1	164.473	178.057
	5	38	Overvliet	Mita	W40 71	69.9	Powerhouse Eindhoven	1979	48	52	55	55	56	60	64	64	119	1	147.16	177.097
	10	32	Oversteegen	Lianne	W45 71	68.8	Unscared Fitness	1976	49	52	54	54	57	-59	-60	57	111	1	138.457	174.913
	7	37	Markiewicz	Justyna	W40 76	76	Vitality Sports	1982	51	54	-56	54	70	74	-77	74	128	1	151.674	174.693
	15	18	Nooij	Marieke	W55 76	73.8	CF Nijmegen	1964	34	37	40	40	42	45	47	47	87	1	104.591	173.944
	12	21	ten Have	Martine	W50 64	62.6	B-tough	1973	40	-43	43	43	-50	52	53	53	96	1	126.513	169.25
	4	16	Schouten	Kim	W35 81	78.9		1984	53	-57	57	57	68	72	-75	72	129	2	150.199	168.658
	10	27	Urrea	Kelly	W30 81	80.7	IKESTYLE	1989	54	-57	-57	54	73	77	80	80	134	1	154.45	163.412
	13	6	Oordt	Lonneke	W50 >87	105.3		1971	42	44	-46	44	59	61	-64	61	105	1	110.271	154.43
	8	24	Verhoef	Thamara	W30 76	74.5	CF Sliedrecht	1989	47	-49	49	49	64	68	72	72	121	1	144.783	153.152
	6	28	Seekles-Wolfs	Liza	W40 71	69.6	Sportloods Oost	1979	42	-45	-45	42	55	57	-59	57	99	2	122.712	147.674
	4	19	van Twillert	Renske	W40 64	62.9	CF Amersfoort	1983	44	-46	46	46	-52	52	-54	52	98	1	128.771	146.304
	3	30	Veldkamp	Yvonne	W40 59	55.9	Sportloods Oost	1979	33	35	-37	35	41	44	47	47	82	2	116.353	139.923
	2	13	Kodde	Linda	W35 59	58.6	0187 Barbell Gym	1984	34	36	-37	36	43	46	-50	46	82	2	112.704	126.445
	9	40	van der Linde	Irene	W30 76	72.9		1991	33	35	39	39	44	47	50	50	89	2	107.662	110.868
	1	5	Estaris	Diana	W35 45	43.2	NWW	1985	19	20	-21	20	-25	25	26	26	46	1	79.7991	88.3092
	6	31	Vonk	Denice	W35 >87	104.1	NWW	1987	30	32	-35	32	33	35	37	37	69	1	72.6824	78.7556

Announcer _____

Marshal _____

Timekeeper _____

Controller _____

Referee 1 _____

Referee 2 _____

Referee 3 _____

Jury _____